

Learning From The

Mountains

Trek to Hampta Pass - Himachal Pradesh
"What mountains can teach us
in excellence?"

Duration: 5 Days

Trekking - 35KM (Approx) **Grade:** Easy to Moderate

Maximum Altitude: 4200m (Approx)

Age: Any age from 8 to 70, fit to walk for 5-6 hrs everyday

6th July to 10th July (Manali to Manali)

Manali- Hampta Pass -Chandratal - Manali



Hampta Pass trek is one of the Signature treks in the Kullu Region of Himachal Pradesh. The Hampta Pass offers breath-taking views of the two different sides of the Himalayas. On one side of the pass lies the lush green Kullu valley and on the other side is the stark opposite desert valley of Lahaul. Starting from Manali, the Hampta Pass trek takes you through the lush green forests of the Kullu Valley, across the stunning Hampta Pass at an altitude of 4,270 meters approx. and finally descends to the Spiti Valley, offering stunning panoramic views of the surrounding mountain ranges, glaciers and valleys. One of the major highlights of the trek is the visit to high altitude Chandratal lake in Spiti. The trek is of moderate difficulty level and is preferred by both beginners as well as experienced trekkers. The maximum altitude attained gained during Hampta Pass trek is 4200m (approx.) and total trek distance is 35km. While returning from the trek, the drive is over the famous Rohtang Pass. This adds to the list of attractions of this trek. The trek is a perfect blend of adventure, beauty, and challenges that every trekker craves for.

Adventure Itinerary Snapshot

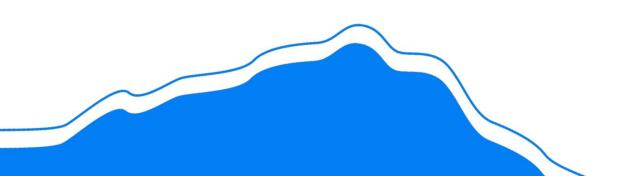
Day 1: Start from Manali – drive to Jobra – Trek to Chika – Rani Nallah flowing by the side – set up tents – Icebreaker activities

<u>Day 2:</u> Chika to Balu ka Gera – walk along Rani River, flower valley & riverside trails – tent camp at Balu Ka Gera (11,000 feet above sea level) – team reflections

Day 3: Trek from Balu-Ka-Gera to Shea Goru via Summit Hampta Pass – enter Lahaul valley – camp and overnight stay in at Shea Goru

Day 4: Trek from Sheagoru to Chatru – drive to Chandratal lake (if weather permits) & return to Chattru – overnight camp stay in Chattru – celebration night

Day 5: Drive from Chattru - return journey for Manali via Rohtang pass – end at Manali around 5PM (Approx)





Mr. Vijay Pratap Singh, an avid mountaineer having vast experience in MTB cycling, trekking, mountaineering, including expeditions will interact on "What mountains can teach us in excellence?"

Mr. Vijay Pratap Singh

Vijay Pratap Singh, an IT graduate and masters in International Business specializes in providing unparalleled experiences in mountaineering, trekking, and outdoor expeditions in the Himalayas and across the globe. He has a strong commitment to promoting responsible adventure and leading expeditions from the front.



Add-on Experience:

- Team bonding exercise
- 🔽 Outdoor "Climb to lead" micro workshop on leadership
- Camp fires and Bonfires
- Gratitude circles towards the nature and to each other

Compulsory Procedure:

- Medical fitness certificate (from certified M.B.B.S doctor) & Medical format duly signed off
- ID proofs (Copy of Voter ID/ Aadhaar Card/ Passport)
- Orientation meeting (virtual)
- Fitness regime (fit to walk 5-6 hours every day)

The Inclusions feature:

- Trek Accommodation. (Homestay, Camp, in twin sharing)
- Meals while on trek (Veg. + Egg) from Day 1 lunch to Day 5 breakfast
- All necessary entry fees and permits
- First Aid Medical Kits and Oxygen Cylinder
- Mountaineering qualified & professional Trek Leader, Guide, Cook and Support staff
- Porters/mules to carry group equipment
- Local Transport (Manali-Jobra-Chatru-Chandratal-Manali)

Exclusions:

- Travelling to and fro Manali
- Hotel at Manali, if required
- Trekking equipment, gears, shoes etc
- Food during the transit
- Mules or porter to carry personal luggage
- Anything not mentioned above
- Any kind of emergency evacuation charges
- Personal expenses

The Organizer, The Bengal Chamber of Commerce and Industry (BCC&I), India's oldest Institute of its kind, has been working in sustainability space for many years. BCC&I's vision of integrating tourism with sustainability has converzed in preserving India's natural heritage while unlocking new tourism opportunities.

BCC&I believes, it is important to connect the stakeholders with the "essence of sustainability" by curating experiences amidst nature's landscapes with their challenges as well as rewards.

Being a vanguard of Industry and Commerce, BCC&I also believes that our own human capital may enriched and excel by learning from journeys manoeuvring 'nature's own created hurdles'.

BCC&I, on a regular basis, takes participants from various industries to places like Havelock Island (Swaraj Dweep) in the Andaman Islands for Scuba Diving Exploration.

BCC&I's designed initiatives, not only provide an adventurous experience but also emphasize conservation, awareness and local community engagement.

The **Organising Committee** includes Angana Guha Roy Chowdhury, Assistant Director General of BCC&I, with extensive high altitude trekking experience, the highest points being

Kala Patthar (5545m) and Everest Base camp (5364m).





The achievement of the Founder Leader of the guide group, having over 10 yrs experience in corporate & outdoor adventure sectors, are as below :

Expeditions Led or Participated In

Mt. Kang Yatse (Ladakh) – 6,250 meters, Everest Base Camp Trek - 5,364 meters

Major Peaks Summited

- Mt. Black Peak (Kala Nag) 6,387 meters
- Friendship Peak 5,289 meters
- Mt. Kilimanjaro 5,895 meters

Notable Treks Led

- Kedarkantha Trek
- Gaumukh Tapovan Trek
- Har Ki Dun Trek
- Dayara Bugyal Trek
- Brahmtal Trek
- Ali Bedni Bugyal Trek

- Pindari Glacier Trek
- Satopanth Lake Trek
- Kedartal Trek
- Mukta Top Trek
- Pangarchulla Peak Trek
- Lekha Top Trek

Cycling Expeditions

- Dehradun to Spiti Valley
- Dehradun to Kanyakumari



Participation Fee:

Rs 14,000 + 18% GST (Per participant)

Registration Link

https://forms.gle/UPReXR49z7gs7fBM6

- For 4 or more joint confirmation 5% discount.
- For 8 or more joint confirmation 10% discount.
- For 12 or more joint confirmation 15% discount.

Payment Procedure

Beneficiary Name: The Bengal Chamber of

Commerce and Industry Bank Name: Canara Bank

Bank Account Number: 95001010000017

(Current)

IFSC Code: CNRB0019500

BCC&I Address: Royal Exchange, 6 Netaji

Subhas Road, Kolkata 700001,

Scan for payment



Contact

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